

# Beach

MODERN LUXURY

AT HOME WITH  
TORY BURCH



GLOW ON THE GO Take home the Beauty-Enhancing Facial Acupressure Kit, \$98.

## / FOUNDATIONS FOR THE FOUNTAIN OF YOUTH /

Acupuncturist to the stars **Dr. Shellie Goldstein**—devotees include Bobbi Brown—studies the face to detect larger imbalances in the body. To rectify problems like indigestion, migraines and allergies, as well as common epidermal concerns, she's introduced the **Touch + Glow Freeze Facial**, debuting at the A.Studio Day Spa in East Hampton. In addition to acupuncture, the facial employs exfoliation, microcurrent and lymphatic-drainage techniques that "take your face to the gym," says Goldstein. \$400, 10 Main St., East Hampton, [astudiodayspa.com](http://astudiodayspa.com)

"Great style is timeless."

—TORY BURCH

# HEALTH + WELLNESS

THE SOUTH FORK'S TOP GURUS

### ART STARS

ROSS BLECKNER,  
ERIC FISCHL,  
DAVID SALLE

### EXCLUSIVE INTERVIEW

CARL BERNSTEIN  
ON THE MEDIA,  
CLINTON & TRUMP

### FIRECRACKERS

CHRISTIE BRINKLEY,  
KATHY GRIFFIN,  
PAUL REISER