

TOUCH + GLOW NOW AVAILABLE AT A. STUDIO DAY SPAS IN EAST HAMPTON AND MONTAUK!



Hamptonites know that caring for your skin to combat the damaging effects of our beautiful sunshine is a beauty priority. KDHamptons discovers a new spa offering new to the East End: the all-natural [Touch + Glow system](#), which combines the power of acupressure with magnetic therapy, gentle vibration, and Germanium to help smooth wrinkles, tone sagging skin and brighten lifeless complexions with no harmful side effects. This convenient new kit from Shellie Goldstein, M.S., L.AC. acupuncturist expert and author of *Your Best Face Now: Look Younger in 20 Days with the Do-It-Yourself Acupressure Facelift*, consists of a water resistant silicone gel bag carrying case, a step-by-step facial acupressure guide, and a magnetized stainless steel wand infused with Germanium.



To kick off the summer season, Ms. Goldstein is introducing the new Touch + Glow Freeze Facial at [A. Studio Day Spa's](#) East Hampton location. This refreshing, rejuvenating treatment can be tailored for any skin type. A gentle cleanse and exfoliation is followed by a relaxing acupuncture treatment intended to address underlying health issues affecting your skin and overall appearance.



While the effects of the acupuncture take effect, Ms. Goldstein uses her signature Touch + Glow wand to encourage lymphatic drainage and gentle microcurrent to tone and lift sagging muscles. A cooling mask containing antioxidant-rich seaweed alginates is applied, accompanied by an invigorating facial massage with chilled glass globes. This icy massage not only minimizes large pores, stimulates circulation, tightens skin and eliminates inflammation, it also helps to alleviate allergy symptoms, sinus pain, and headaches. The treatment concludes with a moisturizing oxygen infusion leaving you feeling energized and glowing....ready for your next Hamptons dinner party!

