

RESIDENT

CAROL ALT
IN THE RAW

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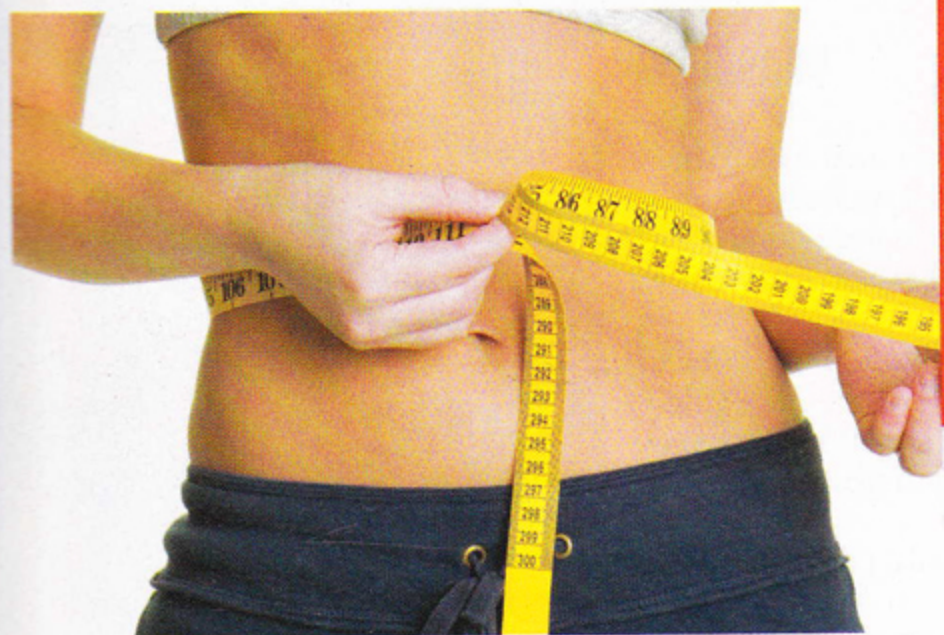


NON INVASIVE BEAUTY OPTIONS

By Hillary Latos

While New Yorkers are innately impatient, even a New York minute cannot satiate our quest for instant gratification. But now thanks to advances in aesthetic technology, we can achieve the same lasting effects as a face lift, chemical peel or liposuction without the risks and recovery time that are associated with surgical procedures with virtually no downtime. Here are some of the latest anti-aging and body slimming offerings that plastic surgeons and aestheticians are touting to tone the body and face while combating the signs and effects of age.

I-LipoXcell is a non-invasive liposuction procedure that melts away inches of fat in hard to reach areas within 20 minutes with no downtime



and no side effects. After 5 sessions, patients usually experience dramatic results with an average decrease of 16 and 25 square inches of fat in targeted areas.

liposonix.com

Ultherapy is a proven non invasive face lift that has been especially effective at lifting the excess skin on the neck, under the chin and browbone with the same results as a face lift and lasts for over a year with no down time and noticeable results showing two months afterwards.

ultherapy.com

Dr. Shellie Goldstein offers the Acufacial Resculpting System which is a natural nonsurgical facelift. She starts with an exfoliation and then employs a combination of LED light therapy, ultrasound, micro current and acupuncture and acupressure to stimulate collagen and elastin.

hamptonsacupuncture.com

Renowned Manhattan dermatologist Dr. Douglas Altchek launched a line of powerful preventative and corrective skin brightening products that use Vitamin C, alpha hydroxyl acid and resveratrol that deliver similar results without a procedure or prescription.

ulta.com

