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# His and Hers: The Luxury Spa Holiday Gift Guide 2015

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There are those who delight in luxury objects, and then there are those who insist that they prefer experiences above material things.

For the latter, there's only one way to go: the gift of a relaxing spa treatment. Wherever their travels take them, we're willing to bet that they'll gladly accept a massage or facial should it come their way. This year, our list includes black diamond facials (for men), chocolate body treatments (for women) and 10 other, decadent options.

Below, our 2015 guide to the best his and hers spa treatments around the world. You may not be able to wrap these up, but they're sure to delight nonetheless.

## For Him



### [Acupuncture New York, New York](#)

**The AcuFacial: Holiday Edition (\$480; 75 minutes)** The AcuFacial provides just over an hour of custom-tailored rejuvenation. Begin with a deep-pore cleansing and cinnamon exfoliation mask, then choose from microcurrent muscle toning, lymphatic drainage, LED light therapy and acupuncture. The finishing touch? A choice between a deep hydration regimen or soothing oxygen infusion. For the holidays, you'll leave with a Touch + Glow Enhancing Kit to keep your face looking healthy and bright all winter long.



**[RockResorts Spa at The Arrabelle at Vail Square, Vail](#)**

**Sports Enthusiast Body Recovery (\$250; 80 minutes)** Sore muscles will find welcome relief in this treatment, designed to relax the body after skiing, hiking, biking, rafting or snowshoeing. A thorough dry brush stimulates lymphatic flow, while a wrap of aloe and herbs is applied to further relax muscles. A tension-releasing sports massage provides the perfect finish.



**The Ritz-Carlton Spa at The Ritz-Carlton, Rancho Mirage**

**The Rat Pack Facial (\$235; 75 minutes)** The spa at The Ritz-Carlton, Rancho Mirage has it all: 15 treatment rooms, rain and Vichy showers and a eucalyptus-infused steam and sauna. When it comes to gifting, though, The Rat Pack Facial easily wins. Black diamond dust is the secret behind this gentlemen's facial, designed to gently exfoliate and maintain the complexion. A silt mask paves the way to a smooth complexion, just in time for the holidays.



**Malliouhana, An Auberge Resort, Anguilla**

**Warm Shell Massage (\$225; 90 minutes)** High over Meads Bay and Turtle Cove, it seems fitting that spa treatments should reflect the view below. The answer is the Warm Shell Massage, ideal after a game of golf or tennis on the property. Large shells filled with lava and saltwater generate their own, gentle heat. The therapist will combine these with a traditional massage, leaving you utterly relaxed.



**[The Spa at The Palms Turks and Caicos, Providenciales](#)**

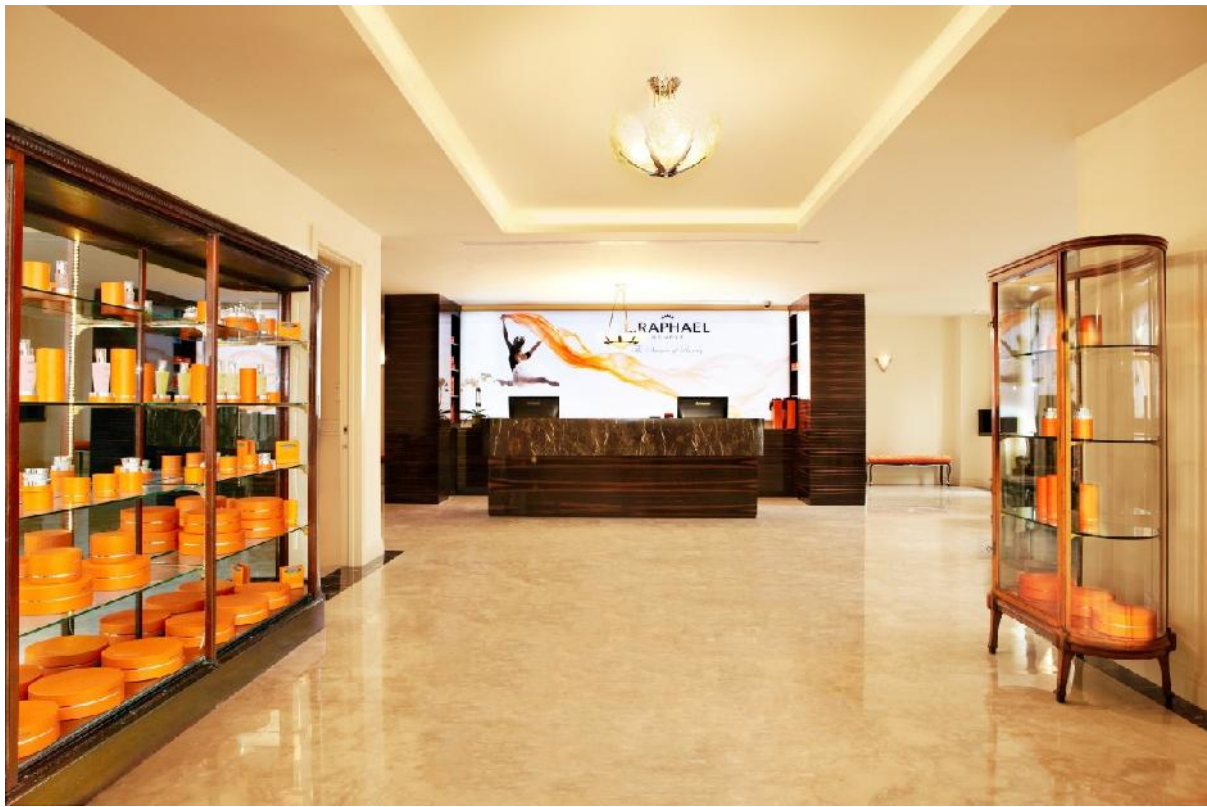
**The Gentleman's Oasis (\$170; 60 mins)** For those jetting off to Turks and Caicos, book a facial at one of the best spas in the Caribbean, steps away from the famed Grace Bay Beach. Black pepper and frankincense essential oils brighten and soften skin, while a series of massages for the scalp, face, neck and shoulders will drain every last bit of stress from the body.



### [The Sebastian, Vail](#)

**Crazy Mountain Pale Ale Pedicure (\$85; 50 minutes)** Those who need a break after a long day of skiing could take a dip in the steaming hot tubs—or perhaps indulge in a pedicure. The treatment gets a boozy kick with a beer bath for feet (and a side of Vail’s locally brewed pale ale for sipping). Legs and feet are exfoliated, massaged and buffed so that no callouses or dry patches linger behind.

**For Her**



### [La Maison L. Raphael, New York](#)

**Diamond Oxy Lift (\$1,752; 50 minutes)** Ultra-luxury lifestyle spa L. Raphael provides a different way to gift diamonds this season—as a topical exfoliant to gently even out facial texture and tone. The superficial ablation helps the potent ingredients of their LEC 40 Complex penetrate deeper, restoring the skin's radiance in mere minutes. The Oxy-Lift system is a double-spray engine that delivers active ingredients via painless jet flow, ensuring that your skin soaks up every last bit of lecithin, lipids, vitamins and omega 3 triglycerides.



[Miraval Resort & Spa, Tucson](#)

**Boundless Botanicals Pairing (\$550; 170 minutes)** Frequent spa-goers may know that nothing goes better with a body treatment than a facial. This Clarins Miraval creation easily proves it, pairing a Mountain Berry Clay Renewal Ritual with the resort's signature facial. Start with a full-body exfoliation and white clay wrap, followed by a basil geranium hair treatment and peach tree milk massage. Then it's time for intermission: 30 minutes of deep breathing (or sleeping—your choice) in the private spa suite lounge while the facial is prepared. The second half of the experience incorporates botanical oils, lymphatic massage and customized masks—all essential to a healthy, radiant glow.



**The Spa at Rancho Valencia, Rancho Santa Fe**

**Citrus Supreme (\$425; 135 mins)** Spanish skincare brand Natura Bissé is well-known for making some of the most luxuriously effective skincare on the market. Good news for fans of the line: The Spa at Rancho Valencia loves it too. The Citrus Supreme treatment for face and body—exfoliation, citrus soufflé mask, firming cream application and antioxidant facial—will leave you glowing and deliciously scented.



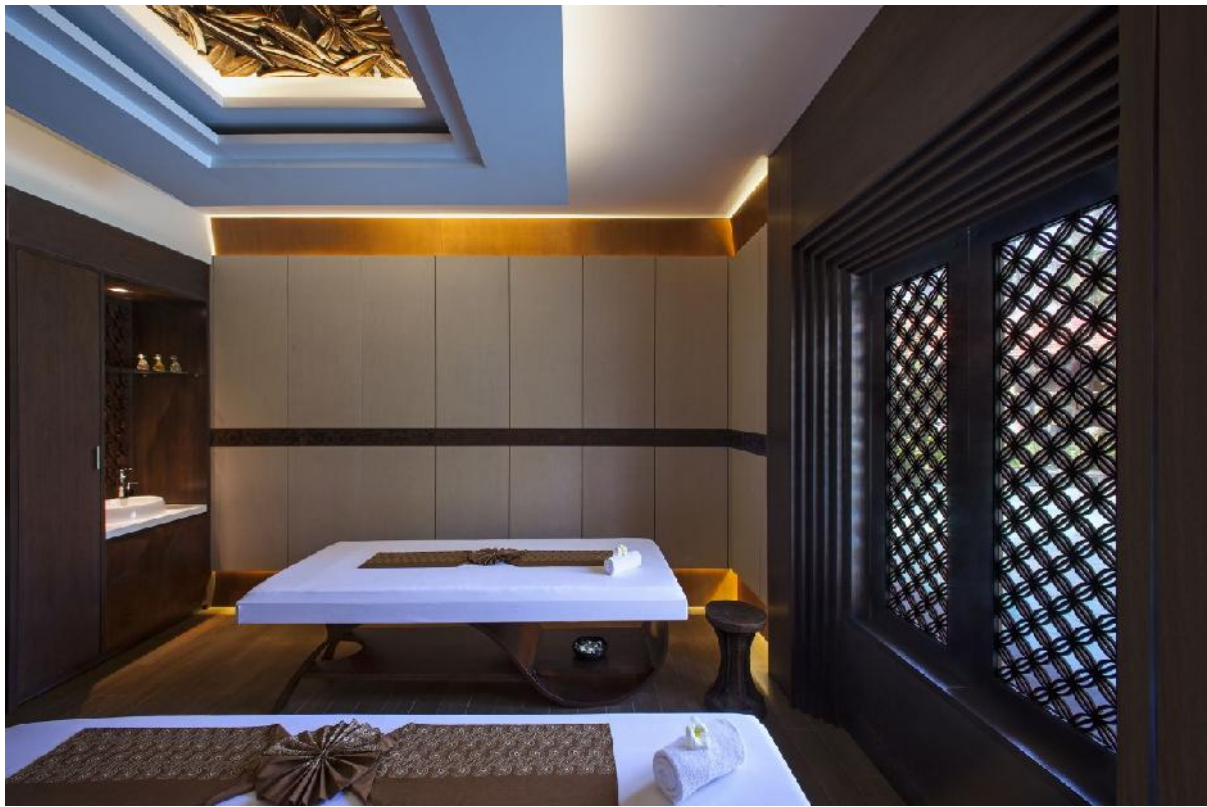
**Eau Spa at Eau Palm Beach Resort & Spa, Manalapan**

**Red Flower Hammam (\$295; 90 minutes)** Eau Spa’s philosophy is “pause, play, perfect,” and guests can accomplish all three during the Red Flower Hammam treatment. You are submerged into a heated float bed, wrapped in a rhassoul clay cocoon, sprayed with orange quince mist and then covered in warm cardamom amber oil and tangerine fig butter crème (while massaged). There are also cupcakes and chilled champagne on hand—as well as lighting, aromatherapy and musical soundtracks customized to your exact specifications.



[The House of Elemis, London](#)

**Pro-Definition Lift and Contour (\$175; 60 minutes)** Elemis specializes in anti-aging facials that can be counted on to impart visible results. The products are customized according to your skin type, but highlights include tiny Cellular Recovery Skin Bliss Capsules laden with pure moringa oil, a Gentle Rose Exfoliator that sweeps away dull skin and the brand’s bestselling Pro-Collagen Marine Cream. “Touch” treatments tend to feature a balletic procession of hand movements that leave the face feeling remarkably toned. For the holidays, skip contouring in favor of this instantly sculpting facial.



**The Laguna, a Luxury Collection Resort & Spa, Nusa Dua**

**A Luxurious Chocolate Treatment (\$105; 120 minutes)** Those with a sweet tooth are guaranteed to love this chocolate-heavy body treatment, which takes full advantage of the ingredient's antioxidant properties and intoxicating smell. The treatment includes a chocolate oil massage, chocolate cream exfoliation and warm chocolate body wrap. You will leave with a heightened sense of well-being—and likely, hunger.